

COOKING WITH KRYSTA

Ants on a Log

As seen in Episode 1, Season 1



Ingredients

- 1) Celery sticks
- 2) Jar of creamy peanut butter
- 3) Raisins

Always have an adult help you in the kitchen!



1) First have a parent or adult help cut up the celery sticks into smaller pieces (remember they need to look like a log!)

2) Then spread that yummy delicious scrumptious creamy peanut butter into the hollow of the celery. Not done yet!!

3) To add your ants we need to

sprinkle raisins on the top of the peanut butter. This is a fun, easy and nutritious snack that you can enjoy and share with your friends!!

